

WALTON HIGH SCHOOL – KS5 CURRICULUM OVERVIEW FOR PSHE

The PSHE modules run mostly in 6 week cycles and split into 3 themes, which are colour-coded on the overview below. The content is based on best practice from The PSHE Association and cover all of the statutory requirements for PSHE.

Theme 1 - Health and Wellbeing

Theme 2 - Living in the Wider World

Theme 3 - Relationships

Term	Week	12	13
HT1	1		
	2	Transition to KS5	Introduction / Motivation and work ethic
	3	Class A Drugs	Initiative
	4	Class B Drugs	Problem Solving
	5	Class C Drugs	Leadership skills
	6	Dan Gibbons Talk	Personal Branding
	7	Relaxation	Finance – managing money/budgeting
	8	Managing Risk	Finance – Saving/Debt
HT2	9	Be internet citizens - Fact v Fiction	Consent – responsibilities and consequences
	10	Be internet citizens – 3 sides to every story	Consent – Communicating wants and needs
	11	Be internet citizens – Us vs Them	Inappropriate and illegal behaviours
	12	Be internet citizens – Speaking up and Speaking Out	Identifying unhealthy relationships
	13	Be Internet citizens – Becoming an internet citizen	Managing Unwanted attention
	14	Post 18 choices, Choices	Reducing inappropriate behaviours
HT3	15	Setting Career Goals	The Basics of Interviews
	16	How to network and be enterprising	Confidently managing transitions
	17	Wellbeing: Balancing Life, Learning and Work	Preparing for an employer assessment day
	18	What makes an employer "good" to work for	Being self employed
	19	Fertility & Pregnancy 1	Should all employers adopt a 4-day week
	20	Fertility & Pregnancy 2	
HT4	21	Fertility & Pregnancy 3	

	22	Modern Families	
	23	Modern Families	
	24	Your Vote	
	25	Our Democracy	
	26	People Power	
HT5	27	Campaigning	
	28	BANK HOLIDAY	
	29	Campaign Planning	
	30	Democracy in Action	
HT6	31	Teenage Brain	
	32	Teenagers and Sleep	
	33	Managing Stress	
	34	Work Experience Week	
	35	Having a Conversation about Mental health	
	36	Boosting your mood	
	37	Find out about mental health	
	38		