

## WALTON HIGH SCHOOL – KS4 CURRICULUM OVERVIEW FOR PSHE

The PSHE modules run mostly in 6 week cycles and split into 3 themes, which are colour-coded on the overview below. The content is based on best practice from The PSHE Association and cover all of the statutory requirements for PSHE.

Theme 1 - Health and Wellbeing

Theme 2 - Living in the Wider World

Theme 3 - Relationships

Term	Week	10	11
HT1	1		
	2	Work Experience Assembly	Careers Talk: Post 16 options
	3	The Right Career for me	Choosing your Post 16 pathway
	4	Work Experience Talk - Jo from WES	What are my employability skills
	5	WEX - Searching Unifrog and database / Employability & CV writing	Apprenticeships v University
	6	WEX - Searching Unifrog and database / Employability & CV writing	AI – a threat to our jobs?
	7	Preparing for WEX	Unifrog
	8	rights & responsibilities in the workplace	Unifrog
HT2	9	Transition to KS4	Perseverance and Procrastination
	10	New Challenges	The importance of sleep
	11	Reframing negative Thinking	Exam Stress
	12	Social Anxiety	Self-Care
	13	Portrayal of mental Health in the media / stigma and stereotypes	Change, Loss and grief
	14	Social Media	Promoting Mental health
HT3	15	Rights, Trusts and values	Positivity and happiness
	16	Communication and Readiness	Family Life 1
	17	Unhealthy Relationships	Family Life 2
	18	Pornography	Family Life 3
	19	Sti's	Pornography 1
	20	Contraception	Pornography 2
HT4	21	TALK – Substance Abuse.	RE – Family
	22	Drugs & Alcohol – Substance use and Assessing Risks	RE – Friendship
	23	Drugs & Alcohol – Substance use and managing influence	RE – Marriage
	24		RE – Sex before Marriage
	25		Bank Holiday
	26		RE - Gender

<b>HT5</b>	<b>27</b>	How politics affects us	
	<b>28</b>	Valuing Diversity	
	<b>29</b>	Understanding and Preventing Extremism	
	<b>30</b>	How are people drawn into extremist groups	
<b>HT6</b>	<b>31</b>	Staying safe online – misinformation and extremism	
	<b>32</b>	RE – Human Sexuality	
	<b>33</b>	RE – Sex before & Outside of Marriage	
	<b>34</b>	RE – Contraception & Family Planning	
	<b>35</b>	RE – Marriage ( covering forced marriages)	
	<b>36</b>	RE - Divorce & Remarriage	
	<b>37</b>	RE – The Nature of families in the 21st Century	
	<b>38</b>		