

YEAR 12	September - Jan	Unit 1
	Jan - June	Unit 2
	June - July	Unit 4: Sports Leadership
YEAR 13	September - October	
	November - June	Unit 3

Anatomy and Physiology	EXAM PREP
Fitness training and programming for health, Sport and Well-Being	
Learning Aim A: Understand the roles, qualities and characteristics of an effective sport leader	COURSEWORK
Learning Aim B: Examine the importance of psychological factors and their link with effective leadership	
Learning Aim C: Explore an effective leadership style when leading a team during sport and exercise activities	
Learning Aim A: Understand the career and job opportunities in the sports industry.	
Learning Aim B: Explore own skills using a skills audit to inform a career development action plan	
Learning Aim C: Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway	
Learning Aim D: Reflect on the recruitment and selection process and your individual performance.	