**Walton Baccalaureate**

**Physical Education**



 Year 7

Criteria for Baccalaureate recommendation in Y7 – complete compulsory criteria plus two others.

1. Improve on three results in the fitness testing (September/April).
2. Participate in a minimum of two sporting clubs/teams.
3. Watch a sporting event (either in person or on the TV. This can be a past event). Review the experience giving a ‘highlights’ (photos/ video/ written commentary/ analysis).
4. Watch a Walton High School fixture and publish a report that can be used on the Walton High School Facebook page (photos/ video/ written commentary/analysis).
5. **Compulsory criteria** – Participate in a minimum of three online work-outs/ challenges (Facebook - Walton High School – PE Department).





**Walton Baccalaureate**

**Physical Education**



 Year 8

Criteria for Baccalaureate recommendation in Y8 – complete compulsory criteria plus two others.

1. Participate in a minimum of three online work-outs/ challenges (Facebook - Walton High School – PE Department).
2. Participate in a minimum of two sporting clubs/teams.
3. Watch a sporting event (either in person or on the TV. This can be a past event). Review the experience giving a ‘highlights’ (photos/ video/ written commentary/ analysis)
4. Watch a Walton High School fixture and publish a report that can be used on the Walton High School Facebook page (photos/ video/ written commentary/analysis).
5. **Compulsory criteria** – Write an extended project about a sport of your choice. You should include a brief history, summary of rules/laws, scoring, positions, competitions etc.