**Walton Baccalaureate**

**Physical Education**

[](https://www.google.com/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiFu6SC2ofbAhVMJsAKHep1AQ0QjRx6BAgBEAU&url=https://pngtree.com/freepng/cartoon-sports-equipment_2081067.html&psig=AOvVaw2gd6ZjDLKfF32aATnjorIW&ust=1526473218832060)

Year 7

Criteria for Baccalaureate recommendation in Y7 – complete compulsory criteria plus two others.

1. Improve on three results in the fitness testing (September/April).
2. Participate in a minimum of two sporting clubs/teams.
3. Watch a sporting event (either in person or on the TV. This can be a past event). Review the experience giving a ‘highlights’ (photos/ video/ written commentary/ analysis).
4. Watch a Walton High School fixture and publish a report that can be used on the Walton High School Facebook page (photos/ video/ written commentary/analysis).
5. **Compulsory criteria** – Participate in a minimum of three online work-outs/ challenges (Facebook - Walton High School – PE Department).

[](https://www.google.com/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiU9pDp2YfbAhVqBcAKHfaZCnUQjRx6BAgBEAU&url=https://vectortoons.com/product/a-boy-running-fast-to-win-an-athletics-race/&psig=AOvVaw28LS2RJPx0p__hkIa9uJ-N&ust=1526473090415876)



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Year 8

Criteria for Baccalaureate recommendation in Y8 – complete compulsory criteria plus two others.

1. Participate in a minimum of three online work-outs/ challenges (Facebook - Walton High School – PE Department).
2. Participate in a minimum of two sporting clubs/teams.
3. Watch a sporting event (either in person or on the TV. This can be a past event). Review the experience giving a ‘highlights’ (photos/ video/ written commentary/ analysis)
4. Watch a Walton High School fixture and publish a report that can be used on the Walton High School Facebook page (photos/ video/ written commentary/analysis).
5. [](https://www.google.com/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiFu6SC2ofbAhVMJsAKHep1AQ0QjRx6BAgBEAU&url=https://pngtree.com/freepng/cartoon-sports-equipment_2081067.html&psig=AOvVaw2gd6ZjDLKfF32aATnjorIW&ust=1526473218832060)[](https://www.google.com/url?sa=i&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwi1_7bu3IfbAhXEBsAKHeflBDgQjRx6BAgBEAU&url=http://www.fisu.net/sport-events/world-university-championships-events/netball/2nd-wuc-netball&psig=AOvVaw13ERWX1zRFmftBJxu1HyoJ&ust=1526473979476234)**Compulsory criteria** – Write an extended project about a sport of your choice. You should include a brief history, summary of rules/laws, scoring, positions, competitions etc.