**KS3 PE OVERVIEW**

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|  | **AUTUMN** | **SPRING** | **SUMMER** |
| **Y7** | Overcoming opponents   * Netball * Football   Developing technique   * Cross country * Swimming * Gym   Performance dance | Developing technique   * Swimming * Gym   Overcoming opponents   * Rugby * Football | Analyse performance   * Athletics   Overcoming opponents   * Rounders   Developing techniques   * tennis |
| **Y8** | Overcoming opponents   * Netball/Football * Table tennis   Developing technique   * Cross country/Gym   OAA - adventurous activities  Problem solving – personal survival  Performance dance | Developing technique   * Cross country * Gym   Problem solving – personal survival  Performance dance | Analyse performance   * Athletics   Overcoming opponents   * Rounders * Tennis   Performance dance |
| **Y9** | Overcoming opponents   * Netball * Table tennis * rugby   Developing technique   * Cross country * Gym   Performance dance | Developing technique   * Cross country * Gym   Problem solving – life saving  Performance dance | Analyse performance   * Athletics   Overcoming opponents   * Rounders * Tennis   Performance dance |